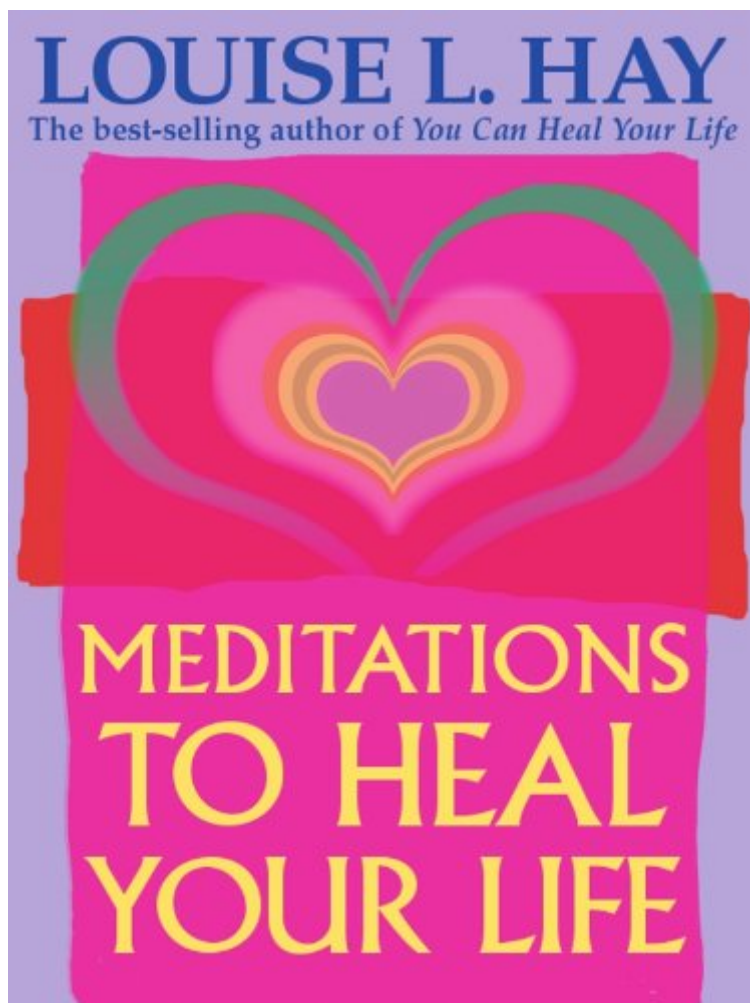


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# Meditations To Heal Your Life



## Synopsis

Louise shares her philosophy of life on a multitude of subjects from addictions to fears to spiritual laws, and everything in between. Her loving insights will enrich your body, mind, and soul, while giving you practical knowledge to apply to your day-to-day life.

## Book Information

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## Customer Reviews

This book is nothing short of excellent. It is in the top three of my favorite little treasures that I have ever gotten my hands on. Page by page, positive affirmations are composed that manifest healing, health, prosperity, happiness, positivity and so forth. Every single time I open this book when I need a little inspiration, I always feel happy and full of light. This book was made to be so warm, and you can feel the love poured into this book. It's so small enough to take along with you throughout your travels, and makes one feel hopeful and joyful in times of despair. It is definitely worth purchasing and I appreciate it so much. I'm currently teaching the

“healing” page to a child with autism, we are learning about the concepts presented within the book together, and SHE appreciates this book as well. Allowing these affirmations to just wash over you and bring you to a positive thinking process that's aligned with your true spirit is how I make the most out of my new found treasure.

She has been around forever and I discovered her five years ago after I had cancer. A therapist recommended I get some of her books and cds to help me through everything. They are a breath of fresh air. The way she puts things really helps you deal with things and see them from a much more positive viewpoint. I currently have about four of her books and 4 cds in my car. I have also given it out as gifts to friends getting divorced or going through a rough time in life. She will change your life and speak to your soul.

I very much enjoyed this book. I liked the format of the book. Ms Hay provides a one sentence meditation on a page, with a one or two paragraph explanation or instruction on the next page. Her spiritual viewpoint, that has no religious bias, is all-inclusive, refreshing, inspiring and insightful. Although there were a few meditations that I did not agree with, overall I received much benefit from these thoughts and positive perspectives. Everyone would benefit from this book whether or not their life needs healing.

Louise Hay is committed to helping humanity reach their dreams of good health, good financial backing, and all the other good in life that we can think of. She found that positive affirmations changed the brain and it's pathways which in turn, changed our lives for the better. I heartily recommend her "Meditations To Heal Your Life"!

Great companion to my morning meditation. I read one of the meditations per day. There is always something uplifting to read.

Screwed again by . I bought it but can't download it and can only watch/read on what will allow, so I don't actually own it! WELL PLAYED !!!

More positive affirmation stuff - very typical.

I loved the gift edition of this book so much, when I saw the comparable ebook available on Kindle

for a nominal fee, I bought it just so I could have this book with me where ever I went. These meditations/treatments, have sustained me through some pretty rough patches in my life. I love her phrase, "in the infinity of life". It's comforting to know that life has an infinite number of possibilities, and I don't have to stay stuck in a unwanted place. Beautiful work Louise.

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